# Specialty menu & ordering guide

## vegetarian & vegan

### choose your filling
- **Tofu:** Sautéed
- **Banzai veggies:** Bell peppers, onions, zucchini, broccoli, mushrooms & cabbage sautéed in teriyaki sauce
- **Spicy mushrooms:** Sautéed

### for our vegan diners...

**choose your filling for a**
- Taco
- Salad
- Bowl
- Enchilada - with red sauce and no cheese

### vegan sides
- Black Beans
- Spicy Cajun White Beans
- Brown Rice
- Guacamole

Please note there is one fryer per Wahoo's location. Chips, french fries and taquitos are fried in the same oil as items containing gluten.

### avoid the following
- White Rice: Cooked with butter
- Roasted Pepper Cilantro Dressing: Contains mayo
- Homemade Aioli: Contains mayo
- Balsamic Vinaigrette: Contains pamesan cheese
- Flour Tortillas: Contains milk
- Onion Rings: Contains milk

## dairy free

### for our dairy free diners...

**the following items are dairy free**
- Black Beans
- Brown Rice
- Roasted Pepper Cilantro Dressing
- Spicy Cajun White Beans
- Guacamole

Salads, bowls, tacos & enchiladas can be ordered without cheese.

## gluten free

### choose your protein
- **Chicken Breast:** Mild
- **Carnitas:** Slow-Cooked Pork
- **Wild Caught Fish:** Mild
- **Carne Asada:** Grilled Angus Steak

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### soup & salads
**Dressing options: Roasted pepper cilantro or fresh salsa**
- **Chicken Tortilla Soup**
  - Add sliced avocado 1.25 / Add white rice 0.50
- **Power Chopper Salad**
  - Your protein, white rice, mixed greens, garden veggies, black bean & corn salsa
- **Wahoo's Salad**
  - Your protein, mixed greens, citrus slaw, cheese, guacamole, salsa & tortilla strips**
- **Kale Kai Salad**
  - Your protein, organic baby kale, avocado, mixed greens, tortilla strips*, black bean & corn salsa

### entrées
- Your protein served with white rice & black beans. Substitute one side with citrus slaw or salad add 0.50
- **#1 One Taco or Enchilada** (no Aioli)
- **#2 Two Tacos or Enchiladas** (no Aioli)

### bowls
- **Grilled Fish Bowl** Served over white rice & black beans with red or green sauce
- **Grilled Chicken Bowl** Served over white rice & black beans
- **Kalua Pig Bowl** Served over white rice & black beans
- **Maui Bowl** Served over white rice & black beans
- **Protein Bowl** Two proteins, sautéed veggies, citrus slaw & sliced avocado
- **Banzai Bowl** Your protein, banzai veggies over rice & beans

### shared plates
**or don't share, that's your choice**
- **Loaded Nachos**
  - Chicken or carnitas topped with black beans & jalapeños, served with salsa, sour cream & guacamole
- **Chicken Taquitos (3)** Served with sour cream & guacamole
- **Chips & Guacamole** Chips refill 0.93
- **Chips & Salsa** Chips refill 0.93
- **French Fries**

### tacos & enchiladas
- **Citrus Slaw Taco** Your protein, cheese, citrus slaw in soft corn tortillas (no Aioli)
- **The 1988 Taco** Fish or your protein, cheese, lettuce or cabbage & salsa
- **Enchiladas**
  - Corn tortilla with red or green homemade enchilada sauce & melted cheese

### just for kids
- **Kid's Bowl** Your protein served over white rice & black beans
- **Kid's Plate** Taco with any protein or cheese enchilada with white rice & black beans or fries**

*Gluten free teriyaki sauce available at all Southern California locations.